

# MEET YOUR THERAPY TEAM

"We place the wellbeing of our residents  
at the center of everything we do."



**Lauren Gren**

Vida Center Outpatient Therapy Manager & Senior Home Specialist

Therapy experience since 2015



**Katie Rutherford, PT, DPT**

Aquatic Therapy, Pain Management, Balance Training, Preoperative Strengthening, & Postoperative Rehabilitation

PT Grad, 2017



**Holly Acosta, PTA, BS**

Aquatic Therapy, Therapeutic Exercise, Fall Prevention, Home Safety, Memory Care, Education for Patient, Family & Community Staff

PTA Grad, 1996



**Adrienne Frost, PTA**

Pain Management, Manual Therapy, Orthopedic Rehab Skills, & all levels of Balance Training

PTA Grad, 2019



**Arrria Honda, OT**

Geriatric, Home Health, Sub-Acute Rehab, Home Safety, Fall Prevention, & Shoulder Rehabilitation

OT Grad, 2014



**Lena Olofson, COTA**

Geriatrics, Home Assessment, Fall Prevention, ALDL/IADL Retraining, Home Safety with Pet Focus

OTA Grad, 2016



**Jessica Rios**

Therapy Technician

PT Tech Grad, 2012