MEET YOUR PROVIDERS

"We place the wellbeing of our residents at the center of everything we do."



To book an appointment at the Vida Center, please call 623-352-VIDA (8432)



M. Zudhi Jasser, M.D., F.A.C.P

Medical Director Dr. Jasser has led a growing independent pr

Dr. Jasser has led a growing independent primary care practice in Phoenix since 1999. He earned his medical degree with honors in research on a U.S. Navy scholarship at the Medical College of Wisconsin and then completed his residency in internal medicine as Chief Resident at Bethesda Naval Hospital. He is a recognized expert, and leading consultant, in biomedical ethics for over 20 hospitals and healthcare systems. Dr. Jasser's practice of adult and adolescent medicine is dedicated to the comprehensive and family-oriented approach of care to every patient he sees.



Kim Herman, N.P.

Nurse Practitioner

Kim received her undergraduate degree in Nursing and Health Administration in 1986 from Russell Sage College in Troy, New York. She then completed her Master's in nursing in 2009 from the University of Phoenix in Phoenix, Arizona. She is Board Certified by the American Academy of Nurse Practitioners (AANP). With many years of experience, Kim is a well respected nurse practitioner. She is dedicated to the health and well-being of her patients.



Dr. Omid Dilmaghanian, MD Primary Care Provider

Dr. Omid Dilmaghanian has a Doctorate in Medicine from the University of Wyoming: College of Health Sciences, a Masters in Health Service Administration at the College of Maine, and is Board Certified in Family Practice. Dr. D worked as a staff physician at Cheyenne VA emergency department and Cheyenne Family Medicine Outpatient Clinic for over 16 years. He was also a Chief resident at the University of Wyoming: College of Health Sciences. He has been swerving community of Royal Oaks for the past 5 years providing primary care services.



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Matt Goodman, M.D.

Dermatologist

Dr. Goodman is a board-certified dermatologist and founding President, and Fellow, of the American Society for Mohs Surgery. He received his undergraduate degree from the University of Arizona with Highest Distinction, and then his M.D. degree, also at the University of Arizona College of Medicine. Following medical school, he received specialty training at the University of California, Irvine, where he was awarded an NIH research fellowship, and then completed his dermatology residency, and served as chief resident. He is board-certified in dermatology.



Ana Burns, DPM

Podiatrist

Dr. Ana Burns has practiced in the Phoenix Valley for over 18 years, having graduated from Temple University School of Podiatric Medicine in Philadelphia, PA. Following her graduation, Dr. Burns then completed a surgical residency in a high volume hospital within Allegheny Health Network in Philadelphia, PA. She has spend many years practicing with the Indian Health Services, where she specialized in wound care, diabetic foot care, and foot surgery. She is board certified in foot surgery by the American Board of Foot & Ankle Surgery.



Blair W. Copp Chiropractic Physician

Dr. Blair W. Copp is a dedicated chiropractic physician serving Peoria and the neighboring communities in Arizona. As a nationally board-certified chiropractor, he focuses on enhancing the overall health and wellness of his patients. Whether individuals are dealing with issues like back pain or neck pain, or simply aiming to wake up feeling better each morning, Dr. Copp utilizes chiropractic care to promote improved well-being in all aspects of their lives.



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